

Requisition #:  
 Patient Name:  
 Patient Age:  
 Patient Sex:  
 Specimen Id.:

Practitioner:  
 Date of Collection:  
 Time of Collection:  
 Print Date:

Metabolic Markers in Urine      Reference Range (mmol/mol creatinine)      Patient Value      Reference Population - Males Age 13 and Over

**Intestinal Microbial Overgrowth**

**Yeast and Fungal Markers**

|  |            |       |  |
|--|------------|-------|--|
| 1 Citramalic                             | 0.11 - 2.0 | H 5.8 |  |
| 2 5-Hydroxymethyl-2-furoic (Aspergillus) | ≤ 18       | 1.8   |  |
| 3 3-Oxoglutaric                          | ≤ 0.11     | 0.06  |  |
| 4 Furan-2,5-dicarboxylic (Aspergillus)   | ≤ 13       | 3.5   |  |
| 5 Furancarboxylglycine (Aspergillus)     | ≤ 2.3      | 0.50  |  |
| 6 Tartaric (Aspergillus)                 | ≤ 5.3      | H 18  |  |
| 7 Arabinose                              | ≤ 20       | H 30  |  |
| 8 Carboxycitric                          | ≤ 20       | 11    |  |
| 9 Tricarballic (Fusarium)                | ≤ 0.58     | 0.27  |  |

**Bacterial Markers**

|                                |             |      |  |
|--------------------------------|-------------|------|--|
| 10 Hippuric                    | ≤ 241       | 216  |  |
| 11 2-Hydroxyphenylacetic       | 0.03 - 0.47 | 0.45 |  |
| 12 4-Hydroxybenzoic            | ≤ 0.73      | 0.52 |  |
| 13 4-Hydroxyhippuric           | ≤ 14        | 2.5  |  |
| 14 DHPPA (Beneficial Bacteria) | ≤ 0.23      | 0.09 |  |

**Clostridia Bacterial Markers**

|  |       |     |  |
|--|-------|-----|--|
| 15 4-Hydroxyphenylacetic (C. difficile, C. stricklandii, C. lituseburensis & others) | ≤ 18  | 6.9 |  |
| 16 HPHPA (C. sporogenes, C. caloritolerans, C. botulinum & others)                   | ≤ 102 | 29  |  |
| 17 4-Cresol (C. difficile)   | ≤ 39  | 7.4 |  |
| 18 3-Indoleacetic (C. stricklandii, C. lituseburensis, C. subterminale & others)     | ≤ 6.8 | 2.0 |  |

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**Oxalate Metabolites**

|    |          |            |   |     |  |
|----|----------|------------|---|-----|--|
| 19 | Glyceric | 0.21 - 4.9 |   | 2.9 |  |
| 20 | Glycolic | 18 - 81    | H | 129 |  |
| 21 | Oxalic   | 8.9 - 67   | H | 107 |  |

**Glycolytic Cycle Metabolites**

|    |         |            |   |     |  |
|----|---------|------------|---|-----|--|
| 22 | Lactic  | 0.74 - 19  | H | 20  |  |
| 23 | Pyruvic | 0.28 - 6.7 |   | 1.2 |  |

**Mitochondrial Markers - Krebs Cycle Metabolites**

|    |               |           |   |      |  |
|----|---------------|-----------|---|------|--|
| 24 | Succinic      | ≤ 5.3     |   | 2.6  |  |
| 25 | Fumaric       | ≤ 0.49    | H | 0.94 |  |
| 26 | Malic         | ≤ 1.1     | H | 1.9  |  |
| 27 | 2-Oxoglutaric | ≤ 18      | H | 20   |  |
| 28 | Aconitic      | 4.1 - 23  |   | 11   |  |
| 29 | Citric        | 2.2 - 260 | H | 328  |  |

**Mitochondrial Markers - Amino Acid Metabolites**

|    |                    |             |   |      |  |
|----|--------------------|-------------|---|------|--|
| 30 | 3-Methylglutaric   | 0.02 - 0.38 |   | 0.30 |  |
| 31 | 3-Hydroxyglutaric  | ≤ 4.6       | H | 6.0  |  |
| 32 | 3-Methylglutaconic | 0.38 - 2.0  |   | 1.2  |  |

**Neurotransmitter Metabolites**

**Phenylalanine and Tyrosine Metabolites**

|    |  |            |  |     |  |
|----|--|------------|--|-----|--|
| 33 | Homovanillic (HVA)<br><i>(dopamine)</i>                        | 0.39 - 2.2 |  | 1.8 |  |
| 34 | Vanillylmandelic (VMA)<br><i>(norepinephrine, epinephrine)</i> | 0.53 - 2.2 |  | 1.3 |  |
| 35 | HVA / VMA Ratio  | 0.32 - 1.4 |  | 1.4 |  |
| 36 | Dihydroxyphenylacetic (DOPAC)<br><i>(dopamine)</i>             | 0.27 - 1.9 |  | 1.6 |  |
| 37 | HVA/ DOPAC Ratio   | 0.17 - 1.6 |  | 1.1 |  |

**Tryptophan Metabolites**

|    |  |            |   |      |  |
|----|--|------------|---|------|--|
| 38 | 5-Hydroxyindoleacetic (5-HIAA)<br><i>(serotonin)</i> | ≤ 2.9      |   | 0.85 |  |
| 39 | Quinolinic   | 0.52 - 2.4 | H | 2.8  |  |
| 40 | Kynurenic  | ≤ 1.8      |   | 0.92 |  |

|   | Reference Range<br>(mmol/mol creatinine) | Value         | Reference Population - Males Age 13 and Over |
|---|--|---------------|--|
| <b>Pyrimidine Metabolites - Folate Metabolism</b> |  |               |  |
| 41 Uracil   | ≤ 6.9                                    | 5.5           |  |
| 42 Thymine  | ≤ 0.36                                   | 0.23          |  |
| <b>Ketone and Fatty Acid Oxidation</b>            |  |               |  |
| 43 3-Hydroxybutyric                               | ≤ 1.9                                    | <b>H</b> 3.0  |  |
| 44 Acetoacetic                                    | ≤ 10                                     | 0             |  |
| 45 Ethylmalonic                                   | 0.13 - 2.7                               | 2.7           |  |
| 46 Methylsuccinic                                 | ≤ 2.3                                    | 1.8           |  |
| 47 Adipic   | ≤ 2.9                                    | <b>H</b> 38   |  |
| 48 Suberic  | ≤ 1.9                                    | <b>H</b> 2.8  |  |
| 49 Sebacic  | ≤ 0.14                                   | <b>H</b> 0.23 |  |
| <b>Nutritional Markers</b>                        |  |               |  |
| <b>Vitamin B12</b>                                |  |               |  |
| 50 Methylmalonic *                                | ≤ 2.3                                    | 1.9           |  |
| <b>Vitamin B6</b>                                 |  |               |  |
| 51 Pyridoxic (B6)                                 | ≤ 26                                     | 0.75          |  |
| <b>Vitamin B5</b>                                 |  |               |  |
| 52 Pantothenic (B5)                               | ≤ 5.4                                    | 1.1           |  |
| <b>Vitamin B2 (Riboflavin)</b>                    |  |               |  |
| 53 Glutaric *                                     | ≤ 0.43                                   | 0.33          |  |
| <b>Vitamin C</b>                                  |  |               |  |
| 54 Ascorbic                                       | 10 - 200                                 | 46            |  |
| <b>Vitamin Q10 (CoQ10)</b>                        |  |               |  |
| 55 3-Hydroxy-3-methylglutaric *                   | ≤ 26                                     | 9.8           |  |
| <b>Glutathione Precursor and Chelating Agent</b>  |  |               |  |
| 56 N-Acetylcysteine (NAC)                         | ≤ 0.13                                   | 0             |  |
| <b>Biotin (Vitamin H)</b>                         |  |               |  |
| 57 Methylcitric *                                 | 0.15 - 1.7                               | 0.65          |  |

\* A high value for this marker may indicate a deficiency of this vitamin.

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|----------------------------|--|------------------|--|
|----------------------------|--|------------------|--|

### Indicators of Detoxification

#### Glutathione



#### Methylation, Toxic exposure



#### Ammonia Excess

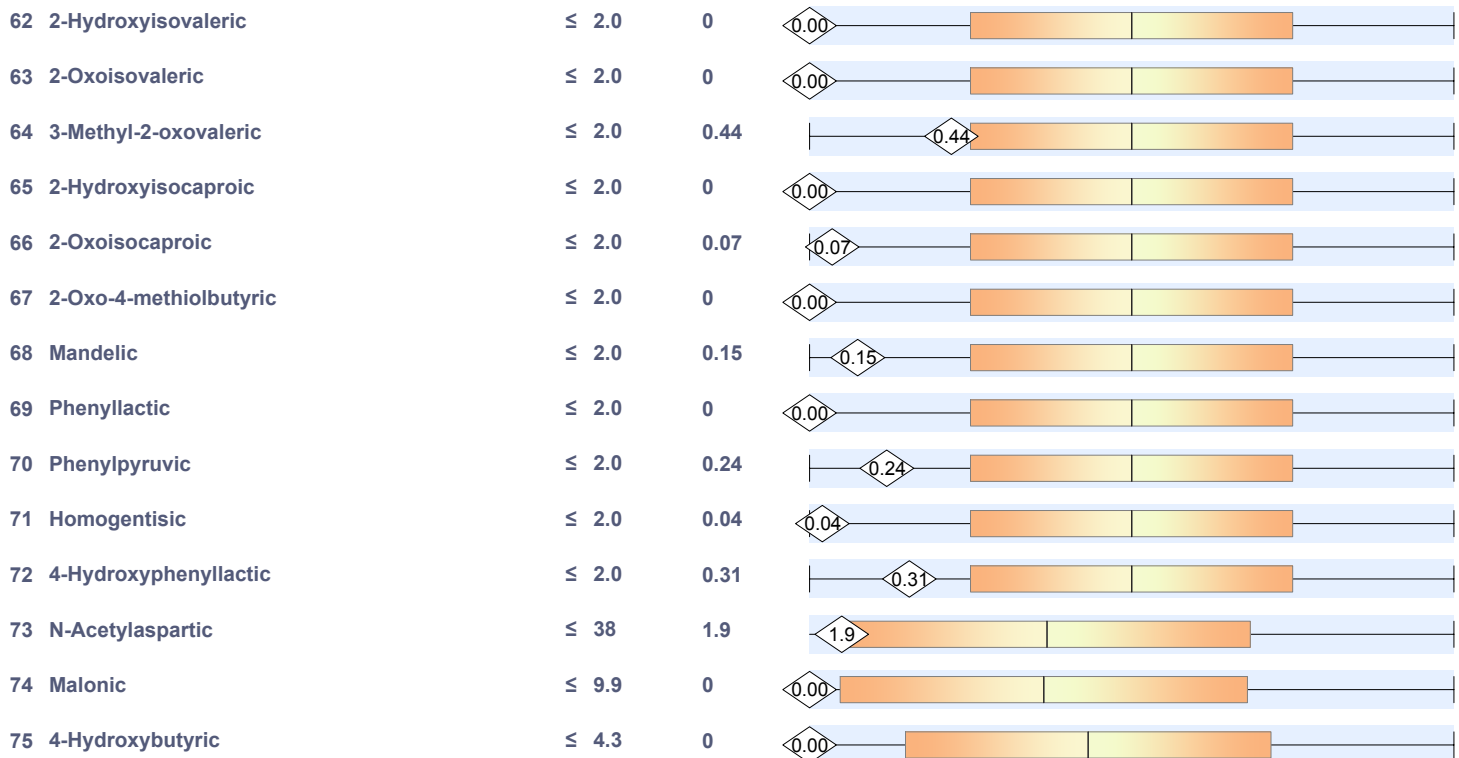


#### Aspartame, salicylates, or GI bacteria



\* A high value for this marker may indicate a Glutathione deficiency.  
 \*\* High values may indicate methylation defects and/or toxic exposures.

### Amino Acid Metabolites



### Mineral Metabolism

