

The CABRAL CONCEPT

By Dr. Stephen Cabral



CHANGE YOUR BODY. CHANGE YOUR LIFE.

#1901

TWT: The Root Cause of Allergies Begins & Ends in the Gut (Here's Why)

There are about a dozen main causes leading to environmental and food allergies...

However, there is one main root cause.

That root cause imbalance begins and ends in the gut, which then leads to a host of symptoms that differ based on the individual...

For details on why allergies remain such a mystery and can be difficult to overcome (until correcting your imbalances) head over to today's #CabralConcept 1901 for all the details - Enjoy the show and let me know if you have any questions!

EPISODE TAKEAWAYS

1

Eliminating Possibilities

The fastest way to correct what the imbalance is is to pinpoint what it is with at-home gut testing.

2

How Leaky Is Your Gut

Most people I've seen in my practice with allergies have extensive gut permeability as part of the root cause.

3

Food Sensitivities

Your rain barrel is most likely filling up from multiple environmental, chemical, and food sensitivities - eliminating your biggest food sensitivities helps heal faster.

RESOURCES

- Gut & Digestion Health Results Accelerator™
- Complete Food Sensitivity Test
- Complete Gut Bacteria & Parasite Test
- Complete Candida, Metabolic & Vitamins Test
- Complete Toxic Heavy Metals Test
- All Podcasts on Intermittent Fasting
- Podcast on CBO Protocol
- Toxicity Assessment
- Podcast on Th1 and Th2 Imbalances
- Complete Environmental Toxicity Test



DR. CABRAL'S MOST POPULAR RESOURCES



Dr. Cabral's Protocols & Science-Backed Supplements



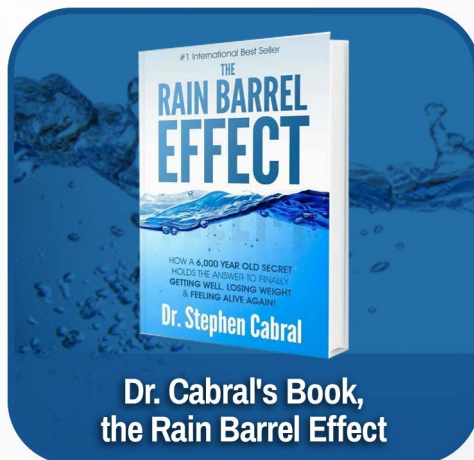
Discover Hidden Health Issues with At-Home Lab Testing



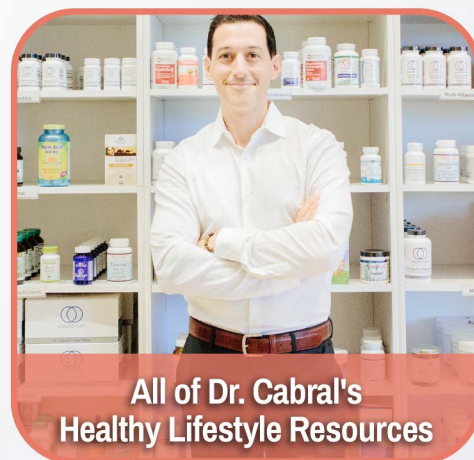
Learn to Heal with Health Results Accelerators™



Become an IHP Certified Health Coach



Dr. Cabral's Book, the Rain Barrel Effect



All of Dr. Cabral's Healthy Lifestyle Resources

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The best way to help me spread our mission of true natural health is to pass on the good word, and I read and appreciate every review!

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