

# The CABRAL CONCEPT

By Dr. Stephen Cabral



**CHANGE YOUR BODY. CHANGE YOUR LIFE.**

# #1893

## MM: The Ultimate & Only Guaranteed Path to Success

Over your lifetime you'll most likely try and fail many times at achieving any goal that you set for yourself...

So ultimately why are you sometimes successful and not at other times...

Is it you, or the goal you've set for yourself?

I'm here today to prove to you that you can and will achieve anything you set your mind and heart to as long as you follow this ancient success formula...

Tune into today's #CabralConcept 1893 for the ultimate and only guaranteed path to success - Enjoy the show and let me know what you thought in the comments below!

# EPISODE TAKEAWAYS

## 1

### Law of Expectancy

You absolutely should assume you are going to achieve your goal - However, don't assume that the first path is the only or correct one to follow.

## 2

### Know Your Variables

If you want to virtually guarantee your success you must know what variables you can control and switch out on your way to success.

## 3

### Not If, But When

The right mindset to have during the goal achievement process is understanding that as long as you don't give up it's not a matter of "if," but "when" you will ultimately attain your goals.



# DR. CABRAL'S MOST POPULAR RESOURCES



**Dr. Cabral's Protocols & Science-Backed Supplements**



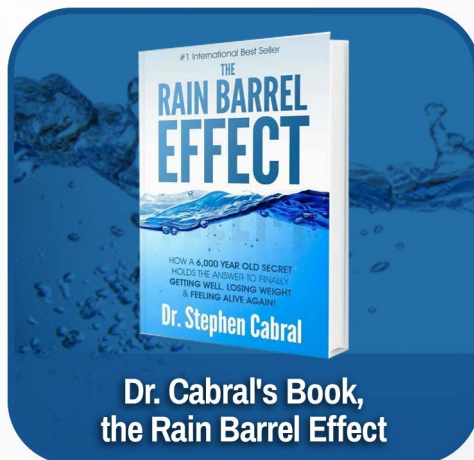
**Discover Hidden Health Issues with At-Home Lab Testing**



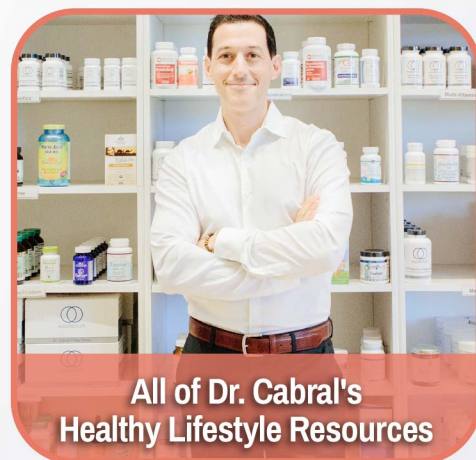
**Learn to Heal with Health Results Accelerators™**



**Become an IHP Certified Health Coach**



**Dr. Cabral's Book, the Rain Barrel Effect**



**All of Dr. Cabral's Healthy Lifestyle Resources**

## Would You Take 30 Seconds to Rate & Review the Cabral Concept?

The best way to help me spread our mission of true natural health is to pass on the good word, and I read and appreciate every review!

1. Click link: <https://itunes.apple.com/us/podcast/cabral-concept-by-stephen/id1071469441?mt=2>
2. Click "View in iTunes" button
3. Click "Subscribe" button
4. Click "Ratings and Reviews" text
5. Click to rate and leave short review and you're done!

Thank you again and every review gets entered in my monthly contest to win great prizes!

